

care planner

A resource guide to
HIV/AIDS health care and social services
in Pima County and Yuma, Arizona
including those funded by
Part B of the
Ryan White HIV/AIDS
Treatment Modernization Act.

Revised July, 2007

This Care Planner has been developed by the
Education & Empowerment Committee of the



with assistance from:

Arizona Department of Health Services,
Office of HIV, STD, Hepatitis C Services;
Pima County HIV/AIDS CARE Consortium;
Associated Black Charities of Baltimore, MD;
Maricopa Integrated Health System;
Maricopa County Department of Public Health;
and many caring members of our community.

To order free copies of this book in English or Spanish,
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Inclusion in this guide does not necessarily constitute any
endorsement. Any errors and omissions are not intended.

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important information

Personal

Name:

Phone:.....

Mobile phone:

Address:.....

Blood type:

Allergies:.....

Insurance provider:.....

Group/Account number:.....

My ID number:

In case of emergency, please notify

Name:

Phone:.....

Address:.....

Doctor/Primary Care Provider

Name:

Phone:.....

Organization:.....

Address:.....

important information

Dentist

Name:

Phone:.....

Organization:.....

Address:.....

Pharmacist

Name:

Phone:.....

Organization:.....

Address:.....

Case Manager

Name:

Update my eligibility in these months:..... &

Phone:.....

Organization:.....

Address:.....

Housing Coordinator

Name:

Phone:.....

Organization:.....

Address:.....

medications log

Drug Name:

Dose:

How Often:

Special Instructions/
Side Effects:

Drug Name:

Dose:

How Often:

Special Instructions/
Side Effects:

Drug Name:

Dose:

How Often:

Special Instructions/
Side Effects:

Drug Name:

Dose:

How Often:

Special Instructions/
Side Effects:

medications log

Drug Name:

Dose:

How Often:

Special Instructions/
Side Effects:

Drug Name:

Dose:

How Often:

Special Instructions/
Side Effects:

Drug Name:

Dose:

How Often:

Special Instructions/
Side Effects:

Drug Name:

Dose:

How Often:

Special Instructions/
Side Effects:

lab results log

Date	Weight	CD4 Count	Viral Load	Blood Pressure	Other

lab results log

Date	Weight	CD4 Count	Viral Load	Blood Pressure	Other

month:

Sunday	Monday	Tuesday	Wednesday

month:

Sunday	Monday	Tuesday	Wednesday

[illegible]

month:

Sunday	Monday	Tuesday	Wednesday

month:

Sunday	Monday	Tuesday	Wednesday

month:

Sunday	Monday	Tuesday	Wednesday

month:

Sunday	Monday	Tuesday	Wednesday

[illegible]

month:

Sunday	Monday	Tuesday	Wednesday

[illegible]

month:

Sunday	Monday	Tuesday	Wednesday

[illegible]

month:

Sunday	Monday	Tuesday	Wednesday

month:

Sunday	Monday	Tuesday	Wednesday

month:

Sunday	Monday	Tuesday	Wednesday

month:

Sunday	Monday	Tuesday	Wednesday

month:

Sunday	Monday	Tuesday	Wednesday

pima county phone numbers

Administrative Services/Grants Management

Arizona Dept of Health Services (800) 334-1540
Community Foundation for Southern Arizona..... (520) 770-0800

Advocacy (including client advocacy)

Arizona Center for Disability Law (520) 327-9547
COPE Behavioral Services, Inc.:
Health Promotions..... (520) 792-3293
Readily Accessible People Program (520) 882-8422
Southern Arizona AIDS Foundation (520) 628-7223
Tucson Indian Center (520) 884-7131

African-American Targeted Services

Archer Neighborhood Center..... (520) 791-4353
Check Yourself Youth Team..... (520) 662-3651
Tucson Urban League, Inc. (520) 791-9522

Benefits Assistance and Benefits Programs

AZ Health Care Cost Containment System (AHCCCS) .. (520) 205-8600
AZ Long Term Care System (ALTCS)..... (520) 205-8600
Consumer Credit Counseling Services..... (520) 795-2227
Desert Survivors/S.C.O.P.E. (520) 628-7198
Department of Economic Security: Family Assistance.. (520) 324-3360
Direct Center for Independence, Inc. (520) 624-6452
KidsCare (877) 764-5437
Premium Sharing..... (888) 308-6516
Project H.O.M.E. (520) 885-7084
Social Security Administration (800) 772-1213
or (520) 323-1234

pima county phone numbers

Child Care

Child and Family Resources (520) 881-8940
Department of Economic Security..... (520) 628-6810

Children's Support Services

Children to Children..... (520) 322-9155
Jewish Family and Children's Services..... (520) 795-0300

Community Planning

Pima County HIV/AIDS Consortium..... (520) 770-0800
Southern Arizona HIV Prevention Planning Group..... (520) 622-1118

Complementary Therapies

Desert Institute of the Healing Arts..... (520) 792-1191
Integrative Medicine Program (520) 626-7995
Kwan Yin Center (520) 322-3923
San Xavier Health Center..... (520) 295-2550
Shipley Chiropractic..... (520) 797-2922
Southern Arizona AIDS Foundation (520) 628-7223
Michael Uzick, N.M.D. (520) 293-5400

Counseling: Grief and Bereavement

El Rio Special Immunology Associates (520) 628-8287
Southern Arizona AIDS Foundation (520) 628-7223
Tucson Interfaith HIV/AIDS Network..... (520) 299-6647

pima county phone numbers

Counseling: Mental Health

CODAC Behavioral Health Services, Inc.....	(520) 327-4505
Carondelet Behavioral Health	(520) 873-5022
Community Partnership of Southern Arizona	(520) 325-4268
COPE Behavioral Services, Inc.	(520) 792-3293
El Rio Special Immunology Associates	(520) 628-8287
Our Family Services	(520) 327-4583
Jewish Family and Children's Services	(520) 795-0300
Kino Community Hospital.....	(520) 294-4471
La Frontera Center, Inc.....	(520) 838-3804
Las Familias	(520) 327-7122
Mountain States Regional Hemophilia Center	(520) 626-8278
Palo Verde Mental Health Services.....	(520) 324-4340
SAMHC Behavioral Health Services	(520) 622-6000
Southern Arizona AIDS Foundation	(520) 628-7223
Southern Arizona Center Against Sexual Assault	(520) 327-7273
Tohono O'odham Dept. of Human Services.	(520) 383-6000
Tucson Vet Center.....	(520) 882-0333
Veterans Affairs Medical Center.....	(520) 792-1450

Crisis Intervention - Mental Health

Help on Call	(520) 323-9373
Readily Accessible People Program	(520) 882-8422
SAMHC Behavioral Health Services	(520) 622-6000

pima county phone numbers

Dental Services/Clinics

El Rio Health Center	(520) 792-9890
St. Elizabeth of Hungary.....	(520) 628-7871
San Xavier	(520) 295-2575
Southern Arizona AIDS Foundation	(520) 628-7223

Domestic Violence/Sexual Assault

Brewster Center Domestic Violence Services.....	(520) 881-7201
Southern Arizona Center Against Sexual Assault	(520) 327-7273
Tucson Centers for Women and Children	(520) 795-8001
Wingspan Anti-Violence Program.....	(520) 624-0348

Educational Services

Arizona AIDS Education and Training Center (AETC)...	(520) 626-6469
Department of Economic Security:	
HIV Related Education Services: American Red Cross ..	(520) 318-6561
Kino Community Hospital.....	(520) 294-4471
Mountain States Regional Hemophilia Center	(520) 626-8278
Pima Community College.....	(520) 206-4500
Pima Community College: Adult Education	(520) 206-6500
Pima County Community Services Dept	(520) 740-5205
Planned Parenthood of Southern Arizona	(520) 624-1761
SER - Jobs for Progress of So. AZ, Inc.....	(520) 624-8629
Southern Arizona AIDS Foundation	(520) 628-7223
Tucson Indian Center	(520) 884-7131
Tucson Interfaith HIV/AIDS Network.....	(520) 299-6647
Tucson Urban League, Inc.	(520) 791-9522
Vocational Rehabilitation	(520) 628-6810

pima county phone numbers

Emergency Assistance

American Red Cross	(520) 318-6740
Southern Arizona AIDS Foundation	(520) 628-7223
Traveler's Aid	(520) 622-8900
Tucson Indian Center	(520) 884-7131
Tucson Urban League, Inc.	(520) 791-9522

Employment Services

CODAC Behavioral Health Services, Inc.....	(520) 327-4505
Department of Economic Security.....	(520) 584-0963
Fred G. Acosta Job Corps.....	(520) 792-3015
Jackson Employment Center	(520) 882-5500
Pascua Yaqui Tribe	(520) 883-5000
Pima County Community Services Dept.	(520) 740-5205
Primavera Services, Inc.	(520) 623-5111
Project PPEP	(520) 622-3553
Tucson Indian Center	(520) 884-7131
Tucson Urban League, Inc.	(520) 791-9522
YWCA.....	(520) 884-7810

Family Support Services

Catholic Community Services of Southern Arizona.....	(520) 623-0344
Information and Referral	(520) 881-1794
Jewish Family and Children's Services	(520) 795-0300
Parent Connection.....	(520) 321-1500
Pima Council on Aging	(520) 790-7262
Traveler's Aid	(520) 622-8900
Tucson Indian Center	(520) 884-7131

pima county phone numbers

School District Wellness Centers

Amphitheater	(520) 696-5000
Flowing Wells	(520) 690-5621
Marana	(520) 616-4509
Sunnyside	(520) 545-2322
Tucson Unified	(520) 617-7233

Food

Casa Maria Free Kitchen	(520) 624-0312
Catholic Community Services of Southern Arizona.....	(520) 623-0344
Community Food Bank	(520) 625-0525
Department of Economic Security, Family Assistance Administration	(520) 628-6810
Desert Waste Not Warehouse	(520) 623-7162
Gospel Rescue Mission	(520) 622-3495
Marana Community Food Bank.....	(520) 682-3001
Marana Health Center.....	(520) 682-4111
Northwest Interfaith Center	(520) 297-6049
Nosotros.....	(520) 623-3489
Salvation Army	(520) 795-9671
Southern Arizona AIDS Foundation	(520) 628-7223
Travelers Aid of Tucson.....	(520) 622-8900
Tucson Indian Center	(520) 884-7131
Tucson Interfaith HIV/AIDS Network.....	(520) 299-6647
Tucson Urban League, Inc.	(520) 791-9522

pima county phone numbers

Funeral Planning/Burial & Cremation

Desert Rose Cremation and Burial	(520) 790-6388
Pima County Public Fiduciary	(520) 740-5454

Hemophiliac Targeted Services

Mountain States Regional Hemophilia Center	(520) 626-6527
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HIV Counseling & Testing

American Red Cross	(520) 318-6740
Arivaca Clinic	(520) 398-2621
COPE Behavioral Services, Inc., Health Promotions	(520) 798-1772
Mountain States Regional Hemophilia Center	(520) 626-8278
One-to-One Program	(520) 884-0751
Pasqua Yaqui Health Department	(520) 883-5020
Planned Parenthood of Southern Arizona	(520) 624-1761
Salud es Poder	(520) 628-7226
Southern Arizona AIDS Foundation	(520) 628-7223
Pima County Health Department, Theresa Lee Clinic ..	(520) 791-7676
Three Points Clinic	(520) 822-2335
Tohono O'odham Dept. of Human Services.	(520) 383-6200
University of Arizona, Campus Health Service.....	(520) 621-6490
Veterans Affairs Medical Center	(520) 792-1450
Wingspan LGBT Community Center	(520) 624-1779

pima county phone numbers

Homeless Services

Gospel Rescue Mission, Bethany House	(520) 690-1295
Casa Gloriosa	(520) 578-2749
Casa Santa Clara	(520) 546-0122
Gospel Rescue Mission	(520) 622-3495
La Frontera Center, Inc.	(520) 884-9920
Primavera Foundation, Inc.	(520) 882-0820
Salvation Army	(520) 795-9671
Southern Arizona AIDS Foundation	(520) 628-7223
TMM Family Services	(520) 322-9557
Travelers Aid of Tucson	(520) 622-8900
Tucson Indian Center	(520) 884-7131
Tucson Shalom House	(520) 325-8800
Youth on Their Own	(520) 293-1136

Hospice

Carondelet Hospice	(520) 205-7700
Handmaker Jewish Services for the Aging	(520) 881-2323
Tucson Medical Center Hospice	(520) 324-2438
Veterans Affairs Medical Center	(520) 792-1450

pima county phone numbers

Hospitals/Clinics

El Rio Health Center	(520) 792-9590
El Rio Special Immunology Associates	(520) 628-8287
Kino Community Hospital.....	(520) 294-4471
Marana Health Center.....	(520) 682-4111
Pima County Health Department.....	(520) 740-8267
San Xavier PHS Indian Health Center	(520) 295-2550
Sells Indian Hospital.....	(520) 383-7350
St. Elizabeth of Hungary Clinic	(520) 628-7871
St. Joseph's Hospital (Carondelet).....	(520) 296-3211
St. Mary's Hospital (Carondelet)	(520) 872-3000
Tucson Medical Center.....	(520) 327-5461
University Medical Center.....	(520) 694-0111
Veterans Affairs Medical Center.....	(520) 792-1450

Hotlines

AIDS Treatment Information Service.....	(800) HIV-0440
Emergency (Medical, Police, Fire)	911
Help On Call.....	(520) 323-9373
National AIDS Hotline (CDC).....	(800) 342-AIDS
Nat'l Domestic Violence Hotline	(800) 799-7233
Nat'l HIV/AIDS Treatment Hotline	(800) 822-7422
National Runaway Switchboard.....	(800) 621-4000
National STD and AIDS Hotline (CDC)	(800) 227-8922

pima county phone numbers

Housing Services: Emergency

Brewster Center Domestic Violence Services	(520) 881-7201
Casa de Los Niños.....	(520) 624-5600
Gospel Rescue Mission	(520) 622-3495
Open Inn, Inc.	(520) 670-9040
Our Family Services	(520) 323-1708
Salvation Army	(520) 795-9671
Primavera Services, Inc.	(520) 623-5111
Tucson Centers for Women and Children	(520) 795-8001
Wingspan Anti-Violence Project	(520) 624-0348

Housing Services: Permanent

City of Tucson: Conventional Housing	(520) 791-4742
City of Tucson: Section 8 Housing.....	(520) 791-4739
Pima County Community Services Dept.	(520) 740-5205
Southern Arizona AIDS Foundation	(520) 628-7223

Housing Services: Transitional

Pio Decimo Center.....	(520) 622-2801
Primavera Foundation, Inc.	(520) 623-5111
Southern Arizona AIDS Foundation	(520) 628-7223
TMM Family Services	(520) 322-9557
Traveler's Aid	(520) 622-8900
Tucson Centers for Women and Children	(520) 795-8001
Tucson Indian Center	(520) 884-7131
Tucson Shalom House	(520) 325-8800
Youth on Their Own	(520) 293-1136

pima county phone numbers

Housing Services: Rental Assistance

Southern Arizona AIDS Foundation	(520) 628-7223
Tucson Urban League, Inc.	(520) 791-9522
Traveler's Aid	(520) 622-8900

Information and Referral

Information and Referral	(520) 881-1794
Southern Arizona AIDS Foundation	(520) 628-7223
Tucson Indian Center	(520) 884-7131

Insurance

Arizona Health Care Cost Containment System	
(AHCCCS = Arizona's Medicaid)	(520) 205-8600
Arizona Long Term Care System (ALTCS)	(800) 654-8713
Medicare (federal)	(800) 633-4227
KidsCare	(877) 764-5437
Premium Sharing Plan	(888) 308-6516

Latino/a-American Targeted Services

Amigos Apoyando Amigos	(520) 798-1772
Arizona Border HIV/AIDS Care Project	(520) 628-8287
COPASA	(520) 295-9339
Chicanos Por La Causa	(520) 882-0018
Luz Social Services	(520) 882-6216
Nosotros	(520) 623-3489
Salud es Poder	(520) 628-7223

pima county phone numbers

Legal Assistance/Counseling

Arizona Attorney General	(520) 628-6504
Arizona Center for Disability Law	(520) 327-9547
Lawyer's Referral Service	(520) 623-4625
Pima County Public Defender	(520) 740-5300
Southern Arizona Legal Aid.....	(520) 623-9465
Southern Arizona People's Law Center	(520) 623-7306

Long-Term Care

Arizona Long Term Care System (ALTCS).....	(520) 205-8600
Elder In-Home Services	(520) 884-1651
Pima Health Care System.....	(520) 512-5500
Pima Home Health	(520) 546-3400

Native-American Targeted Services

Pascua Yaqui Tribal Services.....	(520) 883-5000
San Xavier PHS Indian Health Center	(520) 295-2550
Sells Indian Hospital.....	(520) 383-7200
Tucson Indian Center	(520) 884-7131
Tohono O'odham Dept of Human Services	(520) 383-6000

Pregnancy & Family Planning Services

El Rio Health Center	(520) 792-9890
Planned Parenthood of Southern Arizona	(520) 624-1761
Pima County Health Department.....	(520) 740-8267
WORLD (info packets, support).....	(510) 986-0340

pima county phone numbers

Speakers

Southern Arizona AIDS Foundation	(520) 628-7223
Tucson Interfaith HIV/AIDS Network	(520) 299-6647
Wingspan LGBT Community Center	(520) 624-1779

Spirituality/Religious

Cornerstone Fellowship	(520) 622-4626
Metropolitan Community Church	(520) 292-9151
St. Francis United Methodist Church	(520) 299-9063
St. Philips in the Hills Episcopal Church	(520) 299-6421
Tucson Interfaith HIV/AIDS Network	(520) 299-6647
Tucson Indian Center	(520) 884-7131

STD/STI Clinics

Pima County Health Department:

Theresa Lee Clinic	(520) 791-7676
Planned Parenthood of Southern Arizona	(520) 624-1761

pima county phone numbers

Substance Abuse Treatment

Amity Foundation.....	(520) 749-5980
Carondelet Behavioral Health	(520) 873-5012
Casa de Vida	(520) 792-0591
CODAC Behavioral Health Services, Inc.....	(520) 327-4505
Community Partnership of Southern Arizona	(520) 325-4268
Compass Health Care	(520) 882-5608
COPE, Behavioral Services, Inc., Health Promotions ...	(520) 798-1772
El Rio Special Immunology Associates	(520) 628-8287
The Haven	(520) 623-4590
Hedrick House.....	(520) 795-3334
HOPE Center	(520) 884-8470
Jewish Family and Children's Services	(520) 795-0300
La Frontera Center, Inc.....	(520) 884-9920
Nosotros.....	(520) 623-3489
Palo Verde Mental Health Services.....	(520) 324-4340
Pasqua Yaqui Tribe	(520) 883-5000
LifePoint Needle Exchange.....	(520) 791-7676
Southern Arizona AIDS Foundation	(520) 628-7223
Tucson Teen Challenge	(520) 792-1790
Tohono O'odham Human Services.....	(520) 383-6000
Tucson Vet Center.....	(520) 882-0333
Veterans Affairs Medical Center	(520) 792-1450

pima county phone numbers

Support Groups

Alcoholics Anonymous.....	(520) 624-4183
Al Anon.....	(520) 323-2229
Caregiver Education & Support Program	(520) 512-5599
Cocaine Anonymous	(520) 326-2211
CoDependents Anonymous	(520) 882-5705
COPE	(520) 792-3293
Narcotics Anonymous	(520) 841-8381
Parents, Families and Friends of Lesbians and Gays (PFLAG)	(520) 360-3795
Reconciling Congregation Program.....	(520) 299-9063
Southern Arizona AIDS Foundation	(520) 628-7223
Tucson Indian Center	(520) 884-7131
Wingspan LGBT Community Center	(520) 624-1779

Transportation

Arizona Health Care Cost Containment System (AHCCCS) (to medical appointments).....	(520) 205-8600
Southern Arizona AIDS Foundation	(520) 628-7223
Tohono O'odham Health Department.....	(520) 383-6200
Tucson Indian Center	(520) 884-7131
Van Tran (Tucson/Pima).....	(520) 791-4100

pima county phone numbers

Vision Services

Southern Arizona AIDS Foundation (520) 628-7223
Tucson Association for the Blind & Visually Impaired .. (520) 795-1331
Lions Sight & Hearing Foundation (800) 246-9771

Women's Services

National HIV/AIDS Treatment Hotline
(WISE is for HIV+ women) (800) 822-7422
National Organization for Women..... (520) 884-7630
WORLD (510) 986-0340
YWCA..... (520) 884-7810

Youth Services

Eon Youth Program (LGBT) (520) 620-6245
Jewish Family and Children's Services (520) 795-0300
Open Inn, Inc. (520) 670-9040
Our Family Services (520) 323-1708
Queer Voice (520) 628-7223
Tucson Teen Challenge (520) 792-1790
Youth on Their Own (520) 293-1136

pima county providers

American Red Cross (520) 318-6740

Comprehensive AIDS facilitator training for HIV/AIDS prevention health educators.

4601 East Broadway Boulevard
Tucson, AZ 85711
www.sazredcross.org

Amity Foundation—Circle Tree Ranch (520) 749-5980

Circle Tree Ranch, with 35 years in addiction services for men and women, is a 50-acre residential campus, located in the lush Tucson Tanque Verde Valley. In addition to typical referrals, Amity welcomes single parents with young children, couples, families and people who have failed in other treatment settings. All students are provided with daily, formalized curriculum, peer groups, individual counseling, work experience, family groups, retreats, workshops, health care education, that includes HIV/AIDS awareness and recreational activity.

10500 East Tanque Verde
Tucson, AZ 85749
www.circletreeranch.org

pima county providers

AIDS Drug Assistance Program (ADAP) (800) 334-1540

The Arizona Department of Health Services (ADHS) is responsible for the administration of ADAP for the state of Arizona. ADAP provides access to medications used to treat HIV and prevent the onset of related opportunistic infections for low-income individuals living with HIV/AIDS.

150 North 18th Avenue
Phoenix, AZ 85007
www.azdhs.gov/phs/hiv/adap.htm

Arizona AIDS Education and Training Center (AZ AETC)..... (520) 626-6469

Provides training and education in regard to HIV/AIDS care for low to mid-volume medical providers and practitioners.

1501 North Campbell Avenue
PO Box 24-5053
Tucson, AZ 85724-5053

Arizona AIDS Policy Alliance (AzAPA) (520) 770-0800 x102

Membership-supported organization dedicated to assuring effective public policy to support statewide services for persons living with, affected by, or at risk for HIV infection.

2250 East Broadway
Tucson, AZ 85719
www.saaf.org/azapa

pima county providers

Arizona Clinical Research Center (ACRC) (520) 290-2510

Conducts research studies for various HIV medications and devices. Study participants often receive medications at no charge; some studies may offer monetary compensation. Ask for the HIV Coordinator for more information.

5656 East Grant Road
Suite 450
Tucson, AZ 85712

Arizona Department of Health Services (ADHS)..... (800) 364-3610

Administers Ryan White 'Part B' program (formerly 'Title II') that provides statewide health and support services including the AIDS Drug Assistance Program (ADAP) to persons infected with HIV that meet eligibility requirements.

150 North 18th Avenue
Suite 110
Phoenix, AZ 85007
www.azdhs.gov/phs/hiv/index.htm

Carondelet Health Network, Hospice and Palliative Care Services..... (520) 205-7700

Carondelet Hospice offers a comprehensive program of care for terminally ill people and their families in Tucson and Southern Arizona, including hospice services and grief support groups.

630 North Alvernon Way
Suite 361
Tucson, AZ 85711

pima county providers

CODAC Behavioral Health Services, Inc..... (520) 318-3266

CODAC offers a continuum of mental health and substance abuse prevention and treatment services. Services for the prevention and treatment of sexually transmitted diseases are offered through group and individual treatment. Persons served include voluntary clients with long-term alcohol or other drug problems, adult and adolescents mandated through the court system, and individuals diagnosed with HIV.

160 West Ft. Lowell
Tucson, AZ 85705
www.codac.org

COPE Behavioral Services, Inc..... (520) 798-1772

COPE provides a full range of behavioral health services for serious mental illness, substance abuse, general mental health, and HIV services.

101 South Stone Avenue
Tucson, AZ 85701
www.copebhs.com

pima county providers

Desert Institute of the Healing Arts (520) 792-1191

Massages available from students in training at rates lower than those normally found in community. Massage also available from licensed massage therapists/instructors. DIHA trains all students in sensitivity to those living with HIV/AIDS.

125 East 5th Street
Tucson, AZ 85705
www.diha.org

El Rio Special Immunology Associates (520) 628-8287

Primary and specialty health care for persons infected with HIV. Practice limited to individuals who are HIV+. Most insurance plans accepted. Nutritional services, health education, prevention and adherence counseling, and substance abuse services are also available on-site. Mental health counseling services for persons infected with or affected by HIV are available on site. Psychiatric treatment and medications available through psychiatric nurse practitioner or consulting psychiatrist. Radiology, pharmacy, and specialty medical services available through the main El Rio Health Center.

1701 West St. Mary's
Suite 160
Tucson, AZ 85745
www.elrio.org

pima county providers

**HIV Counseling and Testing,
Pima County Health Department,
Theresa Lee Health Center (520) 791-7676**

Anonymous or confidential HIV counseling and testing is available by appointment or during clinic hours. Testing for other sexually transmitted diseases also available. PCHD staff also offer HIV testing at several other locations throughout the city.

332 South Freeway
Tucson, AZ 85745
www.pimahealth.org/disease.htm

PCHD HIV/AIDS Testing Partners

COPE Insiders..... (520) 798-1772
GMHP (monthly gay bar outreach) (520) 628-7223
Lifepoint (520) 791-7676
Mujer Sana..... (520) 670-9075
Southern Arizona AIDS Foundation (SAAF) (520) 628-7223

Other HIV/AIDS Testing Providers

Arivaca Clinic (520) 398-2621
Pasqua Yaqui Health Department (520) 883-5000
Planned Parenthood of So. AZ (520) 628-3071
Three Points Clinic (520) 822-2335
Tohono O'odham Health Department..... (520) 383-6200
University of Arizona, Campus Health Services (520) 621-6490
VA Medical Center (520) 792-1450

pima county providers

LifePoint Tucson..... (520) 791-7676

Life Point is a needle-exchange program operating Tuesday and Friday mornings. Services offered include HIV counseling & testing, drug treatment counseling and referrals, as well as sterile syringes and other equipment. Call for specific locations and times.

332 South Freeway
Tucson, AZ 85745

Pasqua Yaqui Tribe of Arizona Health Programs.... (520) 879-6151

Offers prevention services, HIV counseling and testing, condom distribution, and HIV training for Native American populations.

7490 South Camino De Oeste
Tucson, AZ 85746

Pima County Health Department

East Office: 6290 East Broadway, Tucson
Main Office: 150 West Congress, Tucson
North Office: 3550 North First Ave, Tucson
South Office: 175 West Irvington, Tucson
Theresa Lee Office: 332 South Freeway, Tucson
www.pimahealth.org/disease.htm

pima county providers

Pima County Health Department Family Planning

North..... (520) 887-9715

South..... (520) 294-2026

East..... (520) 751-9086

Comprehensive exams including pap smears and breast exams; emergency contraception; treatment for abnormal pap smears, contraceptive supplies; pregnancy testing; STD screening and treatment; testing for sickle cell and iron deficiency anemia; medical and social referrals; HIV/AIDS counseling; and client and community education and outreach.

Pima County Health Department

Sexually Transmitted Disease Clinic/STD,

Theresa Lee (520) 791-7676

Confidential STD screening, treatment, counseling, community education and public speakers. Youth ages 13 years and older can be seen without parental consent; \$10 fee covers cost of testing and most medications prescribed; a fee waiver is negotiable. Call for schedule.

Pima County Health Department

Tuberculosis Control (520) 740-8613

Tuberculosis screening, treatment, and community education.

pima county providers

Pima County Health Department

HIV Counseling & Testing, Theresa Lee (520) 791-7676

Anonymous HIV counseling and testing is available through the STD clinic, as well as by appointment. People 13 years of age and older can be seen without parental permission. HIV testing is offered at several sites throughout town. They also provide public information presentations and assist with Partner Notification issues. \$10 fee is negotiable.

Pima County HIV/AIDS CARE Consortium,

c/o Community Foundation for Southern Arizona.. (520) 770-0800

Addresses the needs of all persons living with or affected by HIV in Pima County through planning, developing leadership, and directing assets to help provide a full spectrum of resources. The Consortium manages Ryan White HIV/AIDS Treatment Modernization Act 'Part B' funds for qualified agencies to provide care and services.

Membership is available to any individual or organization showing interest. Meetings are open to the public and are held on the 3rd Wednesday of each month.

2250 East Broadway Boulevard

Tucson, AZ 85719

Planned Parenthood

of Southern Arizona, Inc. (PPSA) (520) 624-1761

2255 North Wyatt Drive

Tucson, AZ 85712

www.ppsaz.org

pima county providers

San Xavier PHS Indian Health Center (520) 295-2550

Offers the following services to federally-recognized Indian beneficiaries: a daily general walk-in clinic from 1-3 p.m., women's clinic; and specialty clinics for audiology, chronic disease, dentistry, ophthalmology, optometry, physical examinations, podiatry, prenatal services, psychiatry, speech therapy, and well-baby care. Other services include community health nursing, laboratory and x-ray, pharmacy and social services. Confidential HIV counseling and testing and a new Acupuncture Detoxification Clinic (Monday, Wednesday, Friday 1:00 PM–3:30 PM) are now available. Call for appointment.

7000 South J. Stock Road
Tucson, AZ 85746

Shehab, Ziad, M.D., & Elliott, Sean, M.D.

University of Arizona Health Sciences Center (520) 694-9938

Offers medical services to children and adolescents infected with HIV or other infectious diseases.

Pediatrics, Room 3335
1501 North Campbell
Tucson, AZ 85724

pima county providers

**Southern Arizona AIDS Foundation (SAAF)..... (520) 628-7223
or (800) 771-9054**

The mission of Southern Arizona AIDS Foundation is a community-based organization in southern Arizona providing case management and ancillary support services for people living with HIV/AIDS and their families, comprehensive prevention and education programs to reduce the rate of infection, and extensive trainings and opportunities for community members to fill critical support roles. SAAF Client Service programs for people living with HIV/AIDS and residing permanently or temporarily in Pima County include case management, peer counseling, complementary therapies, mental health counseling, access to dental services, emergency rent and utility assistance, food programs, holiday project, housing, in-home services, medications assistance, access to optical services, support groups, buddy program, referrals for substance abuse treatment, telephone assistance, and transportation. SAAF prevention programs provide science-based and culturally focused HIV/AIDS/STD prevention interventions to high-risk communities of Southern Arizona. Anonymous or confidential HIV testing is available.

375 South Euclid Avenue
Tucson, AZ 85719
www.saaaf.org

pima county providers

Southern Arizona

HIV Prevention Planning Group (520) 791-7676 x324

SAHPPG is one of three regional advisory bodies in Arizona that assists the Arizona Department of Health Services and the Prevention Planning Group of Arizona in helping prevent the spread of HIV by focusing on those most at risk for infection as well as people living with HIV. The geographic boundaries of the SAHPPG region are Cochise, Graham, Greenlee, La Paz, Pima, Santa Cruz, and Yuma Counties. Public meetings are held once a month, usually in Tucson, and people from throughout the region can attend via videoconferencing.

332 South Freeway
Room 24
Tucson, AZ 85745

Southern Arizona Veterans Affairs (VA)

Health Care System, HIV Clinic..... (520) 792-1450 x5167

Federal hospital for entitled veterans, affiliated with the University of Arizona College of Medicine. Provides medical care for veterans diagnosed with HIV/AIDS. Also provides residential and outpatient alcohol and drug treatment; some mental health services.

3601 South 6th Avenue
Tucson, AZ 85723

pima county providers

Tucson Indian Center (TIC),

Wellness Department (520) 884-7131

Provides American Indian/Alaskan Natives (AI/AN) living in Tucson with prevention education on HIV. Offers free 'safer-sex supplies' (condoms for men or women), lubricants, dental dams, etc.) for AI/AN individuals. Education on how to correctly use condoms and lubricants is also offered. Also provides Case Management. Collaborates with Tucson area agencies for substance abuse, mental health, Diabetes, sexual/reproductive health services, tribal social service/health offices, county agencies, shelters, food banks, referrals for testing and treatment, etc., to provide further advocacy on behalf of the AI/AN client.

PO Box 2307
97 East Congress Street
Suite 101
Tucson, Arizona 85702

pima county providers

Tucson Interfaith HIV/AIDS Network (TIHAN)..... (520) 299-6647

TIHAN is a diverse coalition of individuals and faith communities providing an informed, compassionate response to HIV/AIDS. TIHAN is a volunteer-based free program offering non-medical support services—friendly visits, social support, light housekeeping, transportation, errands, shopping, meal preparation, companionship for appointments, advocacy, referrals, emergency financial support, moving assistance, and other support services. TIHAN also provides holiday gifts, events, and meals for people living with HIV as funding is available. Offers opportunities to meet others living with HIV in a safe and friendly environment.

Provides educational resources to faith-based groups and organizations. TIHAN also provides referrals to HIV-friendly congregations and religious leaders who are available for pastoral care and religious sacraments for those who request them. TIHAN's Memorial Fund can provide assistance to help with burial and cremation expenses.

492 North Alvernon Way
Tucson, Arizona 85711
www.tihan.org

pima county providers

**University of Arizona Health Sciences Center,
Special Immunology Program..... (520) 626-8598**

1501 North Campbell
Box 245039
Tucson, AZ 85724-5039

and

**University Physicians Hospital/
University Physicians (520) 626-8598**

2800 East Ajo Way
Tucson, AZ 85713

Primary and specialty health care for persons living with HIV. Medical practice limited to adolescents, adults, and seniors who are HIV+. Ryan White 'Part C' (formerly Title III) Early Intervention services available at both sites. Health education, clinical pharmacy counseling, laboratory services, x-ray, and specialty medical services. Nutrition, mental health and substance abuse referrals available. Women's health services, pediatric, ophthalmology and other specialties on site.

pima county providers

**University of Arizona Campus Health Service,
Highland Commons Building (520) 621-6490**

For HIV prevention & education for UA students and the campus community, contact Lee Ann Hamilton at **(520) 621-4967**.

Confidential HIV testing. Physicians and Nurse Practitioners on staff serve the health care needs of students living with HIV. Also available to UA students: acute care, laboratory, x-ray, mental health, physical therapy, dietetic, and pharmacy services.

1224 East Lowell Street
Tucson, AZ 85721
www.health.arizona.edu

yuma phone numbers

Case Management

Arizona Long Term Care Services (ALTCS) (928) 782-0776

Child Care

Arizona Department of Economic Security

Yuma (928) 782-7613

Somerton (928) 627-5493

Children's Support Services

Arizona's Children Association..... (928) 344-8800

The Excel Group, Child and Prevention Services..... (928) 341-9199

Counseling: Behavioral Health

The Excel Group (928) 329-8995

Counseling: Spiritual

Arizona Baptists

Children's Services Southwest Region (928) 726-5568

Crisis Intervention

The Excel Group, Special Services (928) 344-2350

or (800) 880-8901

Emergency Financial Assistance

Arizona Kidney Foundation..... (602) 840-1644

yuma phone numbers

Emergency Shelter

Catholic Community Services

Safe House Emergency Shelter (928) 782-0077

24-hour hotline (928) 782-0044

Toll free (800) 440-0550

Crossroads Mission (928) 783-9362

Employment Training and Job Re-entry

Arizona Department of Economic Security,

Job Service (928) 783-1221

Arizona Department of Economic Security,

Jobs Program (928) 783-2863

Arizona Western College Career Development (928) 344-7604

Arizona Western College Job Training Program (928) 317-6150

Catholic Community Services

Vocational Rehabilitation and Job Express (928) 782-1883

Yuma Private Industry Council, Inc.,

Career Resource Center (928) 329-0990

Family Support Services

Mentally Ill Kids in Distress (MIKID) (602) 253-1240

or (800) 253-35MIKID

Parents Anonymous of Arizona (928) 329-7372

or 24 hour Family Lifeline (800) 352-0528

Quechan Headstart Program (760) 572-0263

Quechan Parenting Program (760) 572-0487

yuma phone numbers

Food Boxes and Meals

Catholic Community Services (928) 627-8020
Catholic Community Services, Meals on Wheels..... (928) 782-4489
Yuma Community Food Bank..... (928) 343-1243

Food Stamps

Arizona Department of Economic Security,
Family Assistance Administration (928) 627-1890

Home Care

Catholic Community Services in Western Arizona..... (928) 341-9400
Homechoice Health Care Services, Inc. (928) 341-1490
Yuma Regional Medical Care, Home Care (928) 344-1300

Hospice Care

Hospice of Yuma..... (928) 343-2222

Hospitals and Clinics

Planned Parenthood
of Central and Northern Arizona (928) 343-3012
Sunset Community..... (928) 627-2051
Yuma County Health Department,
Administrative Office (928) 317-4550
Yuma Regional Medical Center (928) 344-2000

yuma phone numbers

Housing/Shelter/Homeless Services

Housing America Corporation	(928) 627-4221
Housing Authority of the City of Yuma	(928) 782-3823
James E. Jefferson Manor Apartments	(928) 726-8002
L.M. Kelly Apartments	(928) 726-8002
The Salvation Army.....	(928) 783-0181
Serenity House	(928) 783-5642
Services Maximizing Independent Living & Empowerment (S.M.I.L.E.)	(928) 329-6681
Yuma Area Housing Opportunity, Inc.	(928) 726-8002

Legal Services

Community Legal Services.....	(928) 782-7511
Yuma County Victim Compensation, Victim Services Division, Office of the County Attorney	(928) 329-2130

yuma providers

American Beginnings..... (928) 783-5749

Attorney consultation, Notary services, counseling and support,
English classes, translation and interpreter.

2215 Eighth Avenue
Yuma, AZ 85364

Arizona Baptists

Children's Services Southwest Region (928) 726-5568

Counseling services for group, individual and family needs.

2855 South Fourth Avenue
Suite 122
Yuma, AZ 85364
www.abcsswregion.org

Arizona's Children Association..... (928) 344-8800

Provides parenting skills training, family counseling, individual,
family & group counseling for juveniles experiencing emotional and
behavioral problems. Also provides anger management groups and
domestic relations education.

103 East 24th Street
Yuma, AZ 85365

yuma providers

Arizona Department of Economic Security

Somerton..... (928) 627-5493

Yuma..... (928) 782-7613

Provides child care assistance to families whose gross monthly income meets the eligibility requirements. Eligible families must need child care for at least one of the following reasons: employment, attendance in training, school attendance if working 20 hours a week in addition to school, or health problems that prevent caring for the child a portion of the day.

342 West Main Avenue
Somerton, AZ 85350

1220 South Fourth Avenue
Yuma, AZ 85364

yuma providers

**Arizona Department of Economic Security,
Family Assistance Administration (928) 627-1890**

Family Assistance offers many programs for those with low or no incomes including: cash assistance, two parent employment program, medical assistance, and food stamp program.

663 North First Avenue
San Luis, AZ 85349

**Arizona Department of Economic Security,
Jobs Program (928) 783-2863**

Provides job placement in public and private sector work experience programs.

**Arizona Department of Economic Security,
Job Service (928) 783-1221**

Provides placement services, veteran services, vocational counseling, job placement, and job search workshops.

201 South Third Avenue
Yuma, AZ 85364

yuma providers

Arizona Kidney Foundation (602) 840-1644

Arizona Kidney Foundation provides last resort financial and emotional aid, including medications, financial, emergency transportation, living expenses for Arizonians stricken with chronic kidney failure.

4203 East Indian School Road
Suite 140
Phoenix, AZ 85018
www.azkidney.org

Arizona Long Term Care Services (ALTCS)..... (928) 782-0776

Provides case management for Native Americans and long term care for income and medically qualified individuals.

3850 West 16th Street
Suite A
Yuma, AZ 85364

Arizona Western College Career Development (928) 344-7604

Offers job and volunteer referrals and placement and resume and interview development.

2020 East Avenue 8E
Yuma, AZ 85366

yuma providers

Arizona Western College Job Training Program (928) 317-6150

Provides job training, placement services, vocational assessments for job search, basic education, and support services.

1351 South Redondo Center Drive
Yuma, AZ 85364

Catholic Community Services (928) 627-8020

Provides nutritious meals, activities, and entertainment.

239 West Canal Street
Somerton, AZ 85350

Catholic Community Services in Western Arizona.. (928) 341-9400

Offers adult day health care, housekeeping, grocery shopping, personal care, attendant care, home delivered meals, skilled nursing, and respite to caregivers. Additional services offered included case management, counseling, transportation referral assistance, and domestic violence shelter.

690 East 32nd Street
Yuma, AZ 85364

yuma providers

Catholic Community Services, Meals on Wheels (928) 782-4489

Provides nutritious meals seven days a week to homebound persons.

160 East First Street

Yuma, AZ 85364

Catholic Community Services

Safe House Emergency Shelter..... (928) 782-0077

24-hour hotline (928) 782-0044

or (800) 440-0550

Safe house provides a 24-hour crisis hotline, shelter, counseling, emergency assistance, advocacy. Transitional housing is also available up to 2 years for up to 9 persons who have experienced domestic violence.

690 East 32nd Street

Yuma, AZ 85364

Catholic Community Services

Vocational Rehabilitation and Job Express (928) 782-1883

Provides counseling, training and job placement for persons with a disability.

1481 West 3rd Street

Yuma, AZ 85364

yuma providers

Community Legal Services (928) 782-7511

Provides legal advice, representation and assistance to low income persons and families in civil legal cases.

51 West Second Street
Yuma, AZ 85364

Crossroads Mission..... (928) 783-9362

Emergency shelter for men, women and families. Drug and alcohol treatment facility also available.

2291 East Palo Verde
Yuma, AZ 85366

The Excel Group (928) 329-8995

Offers individual, families, couples, and group counseling for all ages. Other available services include: mental health, alcohol and drug abuse, domestic violence, case management, job skills/vocational training.

3513 Arizona Avenue
Suite I
Yuma, AZ 85364

yuma providers

The Excel Group, Child and Prevention Services... (928) 341-9199

Counseling, children's case management, parent education and support groups.

2501 Arizona Avenue
Yuma, AZ 85364

The Excel Group, Special Services (928) 344-2350 or (800) 880-8901

Inpatient services provide psychiatric inpatient crisis stabilization for adults in need of 24 hour treatment. 24-hour help line staffed by personnel to prevent suicide and offer intervention services.

3180 East 40th Street
Yuma, AZ 85365

Homechoice Health Care Services, Inc. (928) 341-1490

Services include skilled nursing, physical therapy, occupational therapy, speech therapy, social services, and nurse's aide.

1841 West 25th Street
Yuma, AZ 85364

yuma providers

Housing America Corporation (928) 627-4221

The Self-help Program helps families apply for low-interest loans to build their own homes together with 10 or 11 other families.

130 North State Avenue
Somerton, AZ 85350

Housing Authority of the City of Yuma (928) 782-3823

Provides low income housing and rental assistance to elderly, disabled, and low income families. Eligibility is determined by income.

420 South Madison Avenue
Yuma, AZ 85364

Hospice of Yuma (928) 343-2222

Cares for people in the final stages of their terminal illness with a prognosis of six months or less. Volunteers are available to provide respite care for patient family.

1824 South Eighth Avenue
Yuma, AZ 85364

yuma providers

James E. Jefferson Manor Apartments (928) 726-8002

Offers HUD subsidized housing project for low-income families.
Tenants are selected by using HUD rules and regulations.

1350 West Fifth Street
Yuma, AZ 85364

L.M. Kelly Apartments (928) 726-8002

Offers HUD subsidized housing project for the elderly and mobility-impaired persons. Tenants are selected using HUD rules and regulations.

721 East 24th Street
#12
Yuma, AZ 85364

Mentally Ill Kids in Distress (MIKID)..... (602) 253-1240 or (800) 253-35MIKID

Offers parent support group for families with children who have behavioral or mental health issues. Parents can get support and/or advocacy from other parents.

755 East Willetta Street
Suite 128
Phoenix, AZ 85008

yuma providers

Parents Anonymous of Arizona (928) 329-7372
24-hour Family Lifeline (800) 352-0528

Provides services that strengthen families and prevent child abuse and neglect. Parent support groups and nurturing programs in both English and Spanish are offered.

202 South First Avenue
Suite 103
Yuma, AZ 85364

Planned Parenthood
of Central and Northern Arizona (928) 343-3012

Provides family planning services, STD screening for men and women, HIV testing, birth control, outreach and educational group.

1455 West 16th Street
Suite C
Yuma, AZ 85364

Quechan Headstart Program..... (760) 572-0263

Provides a varied and comprehensive early childhood education curriculum, health and nutritional services, special education, social service, and parent involvement activities.

PO Box 1899
Yuma, AZ 85366

yuma providers

Quechan Parenting Program..... (760) 572-0487

Parenting program includes instruction of Education for Parents, Foster Parents, and Extended Family with Native American children. Program also provides classes for self-esteem, couple relationships, child development stages, teen issues, and gang prevention.

1890 South San Pasqual Road
Yuma, AZ 85366

The Salvation Army (928) 783-0181

Emergency food, clothing, energy assistance, Christmas food baskets and toys, youth programs, rest home visits, disaster assistance, mail, thrift store, men's and women's programs.

1701 South Arizona Avenue
Yuma, AZ 85364

Serenity House (928) 783-5642

Serenity House provides assistance to alcoholic and chemically dependent men. Shelter, counseling, NA meetings on site, and education in living skills are provided. Clients must have 3 days detox, a desire to turn life around and must seek treatment by their own choice.

244 South Third Avenue
Yuma, AZ 85364

yuma providers

Services Maximizing Independent

Living & Empowerment (S.M.I.L.E.) (928) 329-6681

Help people with disabilities, maximize their ability to live independently and access their community.

1929 South Arizona Avenue

Suite 12

Yuma, AZ 85364

Sunset Community (928) 627-2051

Services include routine medical services, maternity and pediatric services, adult medicine, pharmacy, translation services, prenatal services, and dental.

115 North Somerton Avenue

Somerton, AZ 85350

Yuma Area Housing Opportunity, Inc. (928) 726-8002

Federally-assisted housing program for low-income people (elderly, mobility impaired, or families). Must qualify under criteria set by the U.S. Department of Housing and Urban Development.

721 East 24th Street

#12

Yuma, AZ 85365

yuma providers

Yuma Community Food Bank (928) 343-1243

Provides emergency food boxes, WIC distribution, and home-bound delivery.

2325 South Engler Avenue
Yuma, AZ 85364

**Yuma County Health Department,
Administrative Office (928) 317-4550**

Services include injury prevention, indigent care services, tobacco program, HIV prevention services, family planning, immunizations, coronary heart disease prevention program, and STD screening. Services for HIV+ persons include outpatient services, case management, medication management, legal services, and nutrition services.

2200 West 28th Street
Yuma, AZ 85364

**Yuma County Victim Compensation,
Victim Services Division,
Office of the County Attorney (928) 329-2130**

Provides financial assistance to address the suffering of crime victims related to physical or emotional injury.

242 South First Avenue
Yuma, AZ 85364

yuma providers

**Yuma Private Industry Council, Inc.,
Career Resource Center (928) 329-0990**

Offers job counseling, job hunting and labor market information.

3832 West 16th Street
Yuma, AZ 85364

Yuma Regional Medical Care, Home Care (928) 344-1300

Offers nursing services, home care, and hospice.

2400 South Avenue A
Yuma, AZ 85364

Yuma Regional Medical Center (928) 344-2000

Offers nutritional services, emergency medicine, laboratory, nursing services, pharmacy, physical therapy, radiology, respiratory therapy, and social services.

2400 South Avenue A
Yuma, AZ 85364

southeastern arizona providers

This is by no means a complete listing. However, calling these numbers can get you started on accessing services in these areas.

Bisbee

Bisbee Homeless Shelter (520) 432-7839

Community potluck on Wednesday. Shelter is for men only.

509 Romero Street
Bisbee, AZ 85603

**Chiricahua Community Health Center (CCHC)..... (520) 432-8893
or (520) 508-6821**

The CCHC provides many services for people living in Cochise County. Please contact Margaret Hartnett at **520-432-8893** or email her at **mhartnett@cchci.org** for more information including eligibility requirements. Services for HIV+ individuals include:

- Case Management: Assist in accessing support under Ryan White Part B.
- Outpatient Medical Asst: Payment of co-pays, has income requirements and payment caps, based on availability.
- Outpatient Mental/Behavioral Health/Substance Abuse: Payment of co-pays, has income requirements and payment caps, based on availability.
- Outpatient Dental Assistance: Payment of co-pays, has income requirements and payment caps, based on availability.

continued

southeastern arizona providers

- Gasoline Cards: \$25 Gas cards to assist clients in transportation to HIV related appointments, based on need and fund availability.
- Food Cards: \$25 Grocery Store cards to assist clients in purchase of adequate food, based on need and fund availability. Low income requirements.
- Assist in enrolling in AIDS Drug Assistance Program: ADAP has income requirements.
- Medication assistance and co-pays. Low income requirements.

100 Clawson Avenue
PO Box 536
Bisbee, AZ 85603

Cochise County Health Department (CCHD)

(Administrative Office) (520) 432-9400

The CCHD serves Cochise County by providing many services to people within the county. Some of the services include asthma education and prevention, contraception counseling and methods, diabetes education and prevention, HIV counseling, testing and education (Contact Sheila Becking at **(520) 432-9476**), immunizations, nutrition assessment and counseling, free and confidential pregnancy testing, teen pregnancy case management, vital records, and the Women, Infants and Children (WIC) program.

1415 Melody Lane
Building A
Bisbee, AZ 85603

southeastern arizona providers

Cochise County Housing Authority (520) 432-8889
or (520) 559-1893

The housing authority offers assistance in locating and paying for appropriate housing through the Section 8 housing program and HOPWA (housing opportunities for persons with HIV). The services include paying for rental, short term mortgage, rent and utilities. There are low income requirements.

100 Clawson Avenue
PO Box 167
Bisbee, AZ 85603

southeastern arizona providers

Department of Economic Security (DES)

DES has many helpful services available for people living in Cochise County. A few of them are listed here. Please contact the DES office in your area, as phone numbers are town specific.

- **Adult protective services:** Short term crisis intervention program offering social services to resolve problems of abuse, neglect, or exploitation of vulnerable adults.
- **Cash assistance program (formerly TANF):** Cash assistance for eligible families with children due to parent death, absence, disability or unemployment. Income/resources eligibility requirements.
- **Administration for Children, Youth and Families:** Advocacy for children at risk and continuum of services for families.
- **Division of Developmental Disabilities:** Provides services to children (0-5) who are at risk of developmental disability and individuals (6 and over) who are diagnosed with mental retardation, autism, cerebral palsy or epilepsy.
- **Employment Security Administration:** Job Service is a placement service for job seekers.
- **Food Stamps.** Availability is based on household size, income and resources.
- **General Assistance:** Interim assistance program provided to disabled persons during the period between filing an SSA application and eligibility determination. 12 months of benefits in a 36 month period.

continued

southeastern arizona providers

- Medical Assistance: AHCCCS enrollment. Income eligibility requirements.
- Rehabilitation Service Administration: Variety of services for adults with physical and mental disabilities to gain employment. A variety of services are provided.

South Eastern Arizona

Behavioral Health Services (SEABHS) (520) 432-7751

SEABHS offers a wide variety of behavioral health services including substance abuse treatment, mental health services, housing for mentally ill, HIV education, parent and youth education and library services.

1326 Highway 92
Suite J
Bisbee, AZ 85603

southeastern arizona providers

Clifton

Greenlee County Health Department (928) 865-2601

Office hours are from 8:00 AM to 5:00 PM Monday through Friday.
The Mission of the Greenlee County Health Department is to promote the health of the residents of Greenlee County and the quality of our environment through leadership, service and community participation. We offer a variety of services to the public, including environmental health services, family planning, home care services, immunizations, nutrition, public health, prenatal care, tobacco education and prevention, Women's, Infant's and Children (WIC) Well Women Healthcheck Program, and the Ryan White Part B Program serving Greenlee and Graham County.

PO Box 936
5th & Leonard Street
Clifton, AZ 85533

Douglas

Douglas Area Food Bank..... (520) 364-4170

Meals served Monday through Friday from 2:00 PM to 3:00 PM.

660 North G Avenue
Douglas, AZ 85607

House of Hope..... (520) 364-2464

Shelter for women and children.

601 East 1st Street
Douglas, AZ 85607

southeastern arizona providers

Duncan

Greenlee County Health Department (928) 359-2866

Office hours are from 8:00 AM to 5:00 PM, Monday through Friday. The Duncan office is closed from 12:00 PM to 1:00 PM for lunch. The Mission of the Greenlee County Health Department is to promote the health of the residents of Greenlee County and the quality of our environment through leadership, service and community participation.

We offer a variety of services to the public, including environmental health services, family planning, home care services, immunizations, nutrition, public health, prenatal care, tobacco education and prevention, Women's, Infant's and Children (WIC) program, Well Women Healthcheck Program, and the Ryan White Part B Program serving Greenlee and Graham County.

PO Box 153
Duncan, AZ 85534

Elfrida

Elfrida Fire Station Commodity Distribution..... (520) 642-3749

Food distributed on the first Tuesday of the Month

10293 North Central Highway
Elfrida, AZ 85610

southeastern arizona providers

Nogales

Mariposa Community

Health Care Center (MCHC)..... (520) 281-1550

The MHC provides many services for people living in Santa Cruz County. Please contact Joyce Latura at **520-375-6076** or email her at jalatura@mariposachc.net for more information including eligibility requirements. Services for HIV+ individuals include:

- Case Management: Assist in accessing support under Ryan White Part B.
- Outpatient Medical Assistance: Payment of co-pays, has income requirements and payment caps, based on availability.
- Outpatient Mental/Behavioral Health/Substance Abuse: Payment of co-pays, has income requirements and payment caps, based on availability.
- Outpatient Dental Assistance: Payment of co-pays, has income requirements and payment caps, based on availability.
- Gasoline Cards: Gas cards to assist clients in transportation to HIV related appointments, based on need and fund availability. Low income requirement.
- Assist in enrolling in AIDS Drug Assistance Program: ADAP has income requirements.

1852 North Mastick Way
Nogales, AZ 85621

southeastern arizona providers

South Eastern Arizona

Behavioral Health Services (SEABHS) (520) 281-9189

SEABHS offers a wide variety of behavioral health services including substance abuse treatment, mental health services, housing for mentally ill, HIV education, parent and youth education and library services.

32 Boulevard Del Rey David
Nogales, AZ 85621

Wilson-Batiz Borderland Food Bank (520) 287-2627

Serves Santa Cruz County.

180 East Produce Terminal Drive
Nogales, Arizona 85621

Patagonia

Patagonia Area Food Bank

Open the 2nd Wednesday each month.

3rd Avenue
Patagonia, Arizona 85624

Rio Rico

Rio Rico Food Bank (520) 287-2627

1117 Circulo Mercado
Rio Rico, Arizona 85648

southeastern arizona providers

Safford area

South Eastern Arizona

Behavioral Health Services (SEABHS) (928) 428-4550

SEABHS offers a wide variety of behavioral health services including substance abuse treatment, mental health services, housing for mentally ill, HIV education, parent and youth education and library services.

1615 South 1st Street
Safford, AZ 85548

Sierra Vista

Good Neighbor Alliance..... (520) 439-076

Meal served on Wednesday. Family shelter, with showering facilities available on Monday and Wednesday.

420 North 7th
Sierra Vista, AZ 85635

St Vincent De Paul Food Bank (520) 458-9725

Serves the greater Sierra Vista area. Meals served Monday through Friday, 12:00 PM to 4:00 PM.

614 East Barrow
Sierra Vista, AZ 85635

southeastern arizona providers

Tombstone

Tombstone Food Bank

Fridays only, 12:00 PM to 3:00 PM.

4th Street

Tombstone, AZ 85638

Wilcox

Food Bank of Southeastern Arizona..... (520) 384-4433

Opens at 8:00 AM Monday through Friday.

401 East Maley Street

Wilcox. AZ 85643

Jericho Faith Center (520) 384-5876

A store where people can take what they need, and donate what they can.

516 South Railroad Avenue

Wilcox, AZ 85643

additional arizona resources

Statewide

Arizona Department of Health Services,
Office of HIV/AIDS Services (800) 334-1540
AZ Health Care
Cost Containment System (AHCCCS) (602) 417-4000
Arizona Long Term Care System (ALTCs)..... (800) 654-8713
Medicare (800) 633-4227

Casa Grande area

Pinal County Dept of Public Health (520) 723-4174

Flagstaff area

Coconino County Health Department..... (928) 522-7925

Kingman area

Mohave County Health Department..... (928) 753-0748

Phoenix, Maricopa and Pinal Counties

Maricopa County Department of Public Health,
STD and HIV Services..... (602) 506-1678
McDowell Health Care Center..... (602) 344-6550
Body Positive (602) 307-5330

Prescott area

Yavapai County Health Department (928) 771-3121

internet resources

AIDS.org www.AIDS.org

A starting point for someone looking for AIDS information on the Internet.

AIDS Action www.aidsaction.org

A national organization dedicated to the development, analysis, cultivation, and encouragement of sound policies and programs in response to the HIV epidemic.

AIDS Education Global Information System www.aegis.com

A web-based reference for HIV/AIDS-related information.

AIDSmeds.com www.aidsmeds.com

AIDSmeds.com is dedicated to providing people living with HIV the necessary information they need to make empowered treatment decisions.

American Foundation for AIDS Research www.amfar.org

amfAR is the nation's leading nonprofit organization dedicated to the support of innovative AIDS research, targeted HIV/AIDS prevention and treatment education programs, and the advocacy of sound AIDS-related public policy.

CenterWatch www.centerwatch.com

Provides an extensive list of clinical trials being conducted internationally; also lists promising therapies newly approved by the FDA.

internet resources

Clinical trials database

sponsored by the FDA..... http://aidsinfo.nih.gov/clinical_trials/

AIDSinfo offers information on federally and privately funded clinical trials for AIDS patients and others infected with HIV. AIDS clinical trials evaluate experimental drugs and other therapies for adults and children at all stages of HIV infection, from patients who are HIV positive with no symptoms to those with various symptoms of AIDS.

DrKoop.com

AIDS/HIV Health Center..... www.drkoop.com/centers/aids

A "Health Center" for AIDS/HIV that features an illustrated encyclopedia for conditions, treatments, and related terminology focused on HIV.

Elizabeth Glaser Pediatric AIDS Foundation www.pedaids.org

The Pediatric AIDS Foundation is a leading national non-profit organization dedicated to identifying, funding and conducting critical pediatric AIDS research.

FDA HIV/AIDS www.fda.gov/oashi/aids/hiv.html

Provides information on approved HIV/AIDS therapies, clinical trials, legitimate and fraudulent home HIV test kits, HIV/AIDS timeline outlining the history of the disease, and links to more information.

Gay Men's Health Crisis..... www.gmhc.org

Gay Men's Health Crisis (GMHC) is committed to reducing the spread of HIV disease, helping people with HIV maintain and improve their health and independence, and keeping the prevention, treatment and cure of HIV an urgent national and local priority.

internet resources

HIV and Hepatitis www.hivandhepatitis.com

An online publication that provides accurate, timely and cutting-edge information about treatment for HIV/AIDS, chronic hepatitis B and hepatitis C, and co-infection with HIV/HCV and HIV/HBV.

HRSA HIV/AIDS Bureau www.hab.hrsa.gov

The Health Resources Services Administration HIV/AIDS Bureau website.

National AIDS Treatment Advocacy Project www.natap.org

Articles, newsletters, publications, forums, links, and conference information.

National Association of People With AIDS

(NAPWA)..... www.napwa.org

Founded in 1983, the National Association of People with AIDS is a non-profit membership organization that advocates on behalf of all people living with HIV and AIDS in order to end the pandemic and the human suffering caused by HIV/AIDS.

Kaiser Family Foundation

Daily HIV/AIDS Report..... <http://report.kff.org/aidshiv>

Provides a daily newsletter discussing HIV/AIDS issues.

Partnership for Prescription Assistance www.pparx.org

A site dedicated to increasing awareness of patient financial assistance programs that can help pay for prescription medications.

internet resources

Positively Aware HIV Drug Guide www.tpan.com

Test Positive Aware Network's annual review of drugs contains dosage advice, interaction precautions, side effects warnings, and tips on usage. Targeted at people who take the drugs, other informal advice is offered for each drug from a doctor and an activist.

The Body www.thebody.com

The Body's mission is to use the Web to lower barriers between patients and clinicians, demystify HIV/AIDS and its treatment, improve patients' quality of life, and foster community through human connection.

basic information

What is HIV?

HIV stands for Human Immunodeficiency Virus, the virus that causes AIDS. HIV weakens several body systems and destroys the body's immune system, making it easier for opportunistic infections or cancers to invade the body.

What is AIDS?

AIDS stands for Acquired Immunodeficiency Syndrome and is the result of HIV infection. The word 'syndrome' refers to a group of related problems or symptoms. When speaking of AIDS, these problems or symptoms refer to any combination of opportunistic infections that attack one's weakened immune system and/or a T-cell count of 200 or below.

How is HIV transmitted?

HIV is spread through the exchange of certain body fluids from an infected person. These fluids are blood, semen, vaginal secretions and breast milk. Fluids can be spread during unprotected sexual contact, the sharing of needles or breast-feeding.

Both men and women can pass HIV to a sex partner, whether the partner is of the same or opposite sex. A woman infected with HIV can pass the virus to the fetus in the womb at the time of birth or through nursing. People who received blood products (transfusions or clotting factor) between 1978 and 1985 might have received HIV-infected blood. All donated blood is currently screened for the virus and has been since 1985.

HIV cannot be spread by casual means, such as touching, hugging, shaking hands, sneezing, coughing, and kissing or from mosquito or other insect bites.

basic information

Where can I obtain free HIV counseling and testing?

The following organizations offer confidential, quick, and convenient HIV counseling and testing free of charge.

Pima County

American Red Cross	(520) 318-6740
Arivaca Clinic	(520) 398-2621
COPE Behavioral Services, Inc., Health Promotions	(520) 798-1772
Mountain States Regional Hemophilia Center	(520) 626-8278
One-to-One Program	(520) 884-0751
Pasqua Yaqui Health Department	(520) 883-5020
Planned Parenthood of Southern Arizona	(520) 624-1761
Salud es Poder	(520) 628-7226
Southern Arizona AIDS Foundation	(520) 628-7223
Pima County Health Department, Theresa Lee Clinic ..	(520) 791-7676
Three Points Clinic	(520) 822-2335
Tohono O'odham Dept. of Human Services.	(520) 383-6200
University of Arizona, Campus Health Service.....	(520) 621-6490
Veterans Affairs Medical Center	(520) 792-1450
Wingspan LGBT Community Center	(520) 624-1779

Yuma

Planned Parenthood of Central and Northern Arizona	(928) 343-3012
Yuma County Health Department, Administrative Office	(928) 317-4550

basic information

I've just tested positive. What do I do?

Find a doctor or health care provider.

Being HIV positive does not mean that you now have AIDS or even that you will develop AIDS in the near future. The sooner you get treatment, the better your chances of living a full life.

If you don't have a doctor or health care provider, it's important to find one. Talk to the people at the place where you got your HIV test, or call one of the organizations listed in this booklet. It's important that you have a health care provider who treats many people who are HIV positive and who has experience dealing with HIV and related issues.

Take an active role.

When you find a doctor, take an active role in the relationship. Write down any questions you may have, and make sure your doctor answers you in a way you can understand. You have a right to know everything you can about your condition. Your doctor may want you to begin some treatments and medications even if you don't have any symptoms. Your doctor may also want to check your immune system and viral load (the amount of HIV in your bloodstream), on a regular basis. If you have questions about any of these procedures, ask your doctor about them, and remember, you have the right to refuse any procedure or medication if you are unsure or if it makes you uncomfortable.

basic information

Arrange for a case manager.

A case manager is someone who will work with you to develop a plan to ensure that you get the services you need. For more information about how to obtain a case manager call:

Southern Arizona AIDS Foundation (520) 628-7223
Yuma County Health Department,
Administrative Office (928) 317-4550

Develop a good support system.

It helps to have someone else you can talk comfortably and safely with about HIV – someone you can trust and who will be supportive.

Consider joining a support group – people who meet regularly to discuss HIV issues and help each other manage their disease and treatment. Support groups can also help you cope with substance abuse and behavioral health challenges.

Protect yourself and others.

It's important that you understand how HIV is transmitted. Take precautions so that you don't pass HIV on to others or further challenge your health. Talk to your health care provider about how to protect yourself from contracting other illnesses and avoid putting other people at risk to contract HIV.

basic information

Who can help me get the care I need?

A **case manager** is a paid professional whose job is to help you access available resources and services to better your life and health status. Some specialize in social issues, others in medical treatment. Still other case managers help with benefits and financial needs. Your level of personal need and illness may determine whether you qualify for case management services.

Case managers can educate you about the many and varied services available for people with AIDS and HIV infection and facilitate your access to care by making referrals to other service providers on your behalf. They may also help you to enroll for disability benefits or for medical coverage. Case managers can also provide special assistance to help you through times of crisis or financial emergency.

Your case manager will work with you to identify your needs and priorities to stay healthy and maintain your independence and self-sufficiency. Together, you will create a "care plan" to fulfill these needs and objectives. A case manager will also help you take control of your life by providing practical assistance like making appointments, coordinating services, managing medical concerns and lending a friendly ear.

How do I get a case manager?

Contact the Southern Arizona AIDS Foundation at **(520) 628-7223** for more information about agencies that provide case management services. You may also find a case manager through private organizations, hospitals, and government agencies. Sometimes, case management services are provided as part of a health insurance program.

basic information

**I don't make a lot of money, and/or don't have health insurance.
How can I receive the health care I need?**

There are various assistance programs that can help you receive health care and social services you need at little or no cost. A case manager can help you determine which programs you might qualify for. Providers of these programs include:

Arizona Health Care

Cost Containment System (AHCCCS) (602) 417-4000

Administers state-supported health care program for low-income Arizona residents. Services include case management, home care and in and out-patient medical care.

The Ryan White HIV/AIDS Treatment

Modernization Act Contact a case management provider

The Ryan White Care Act provides a variety of primary medical care and supportive services. For more information, see the next section of this book, **"What is the Ryan White HIV/AIDS Treatment Modernization Act?"**

basic information

What is the Ryan White HIV/AIDS Treatment Modernization Act?

The Ryan White HIV/AIDS Treatment Modernization Act is a program of the federal government that ensures that people living with HIV/AIDS, who have low or no income, or who are uninsured or underinsured, have access to quality health and supportive services.

How do I know if I am eligible to receive Ryan White funded services?

The Act establishes certain guidelines for individuals to be eligible to receive services. There are three things you will need to have with you the first time you apply for services:

1. Verification of HIV+ status (any one of the following):

- An original signed statement from an attending physician, on letterhead or a prescription pad, indicating that you are HIV+;
- A copy of a lab report with your name, indicating your HIV+ status; or
- A copy of a lab report with your name, indicating detectable HIV virus in your blood through a bDNA or RNA-PCR viral load test.

basic information

2. Proof of income (any one of the following):

- A paycheck stub indicating your current pay (updated every 6 months);
- A financial award letter from a government agency (Social Security, DES, VA, etc.) or proof of private long-term disability. You may substitute a copy of a bank statement indicating the direct deposit of funds, or a copy of an actual check from an agency or institution; or
- A written statement that you have no source of income, witnessed by a case manager (updated every 6 months).

3. Verification of residency:

Any one of these items will be accepted as proof of residency if the address is not a PO Box, is a “land” address, is valid in date and not expired, and the same as the client’s stated address:

- Official documents with an address present, such as:
 - Food stamp, General Assistance or TANF documentation
 - AHCCCS approval or denial letter
 - Social Security or Veterans Administration Benefits award letter
 - Unemployment award/benefits statement
 - Property tax assessment
 - HOA assessment/fee statement

basic information

- Mortgage or lease agreement indicating the client's name and residence
- Written attestation as to no source of income, witnessed by a case manager (updated every 6 months)

In the absence of the above, any two of these other documents will be accepted as proof of residency if the address is not a PO Box, is a "land" address, valid in date and not expired, and the same as the client's stated address:

- Utility bills. Your name must be on the bill. Examples:

Cable TV
Water/Sewer/Garbage
Internet
Land line phone
Electric
Gas

- Non-property tax bill or tax assessment statement;
- W-2 (tax) form from your employer;
- A check stub from your employer;
- Bank statement;
- Driver's license;
- Motor vehicle department issued identification card; or
- Immigration identification card.

basic information

How much money can I earn and still qualify for free or low cost Ryan White funded services?

Your eligibility for Ryan White funded services is based on your annual gross income (the amount of money you earn in a year, before taxes or deductions) and varies depending on the service. If you do not qualify for free services, most agencies will use a sliding fee scale to make your care as affordable as possible. If you're concerned about your ability to pay, let your provider or case manager know – you may qualify for other forms of assistance.

adap and medicare

What is the AIDS Drug Assistance Program (ADAP)?

The Arizona Department of Health Services (ADHS) is responsible for the administration of Arizona's AIDS Drug Assistance Program (ADAP) for our state. ADAP provides access to medications used to treat HIV and prevent the onset of related opportunistic infections for low-income individuals living with HIV/AIDS. Currently, ADAP serves 900 clients statewide each month.

How is ADAP funded?

ADAP currently receives funds from two sources: Ryan White HIV/AIDS Treatment Modernization Act 'Part B' and state funding.

How are medications purchased?

Under a wholesale license issued by the Arizona State Board of Pharmacy, ADHS purchases medications from a wholesaler, stores inventory and distributes the medications.

How are medications distributed?

Medications are sent directly to pharmacies. In Maricopa/Pinal counties, The Apothecary Shop acts as an agent for ADAP to distribute the medications. In other parts of the state, medication is sent to local pharmacies.

adap and medicare

How do you qualify for ADAP?

You must be HIV-infected and a resident of Arizona. Annual income is set at 300% of federal poverty level. For example, you cannot have an income of more than \$30,630 for a family unit of one. You cannot be eligible for AHCCCS (Arizona's version of Medicaid) nor have any other benefits that could pay for the medications. To ensure that Ryan White 'Part B' is the payer of last resort for ADAP, all individuals applying for ADAP are screened for AHCCCS eligibility, which means all applicants must have AHCCCS denial letters. You will be required to provide documentation of Arizona residency.

Do you have to wait for an AHCCCS denial letter before submitting an ADAP application?

No. We will provide up to 30 days of medication to an ADAP-eligible client as long as you have an appointment scheduled with AHCCCS. However, we cannot provide further medication without your denial form or letter.

Where do you get an application?

You can get an application and assistance with filling out your application through your doctor, case manager, or health department. For additional information on program eligibility and to download an application visit www.azdhs.gov/phs/hiv/adap.htm

Is there a prior authorization procedure for Fuzeon?

Yes. Your physician can download the application for Patient Access to Fuzeon at www.azdhs.gov/phs/hiv/adap.htm

adap and medicare

What if my medical provider disagrees with a decision made by ADAP staff regarding ADAP medications that were prescribed?

Your medical provider can download the ADAP Formulary Committee Provider Dispute Policy and Procedures. To review the Dispute Policy, visit www.azdhs.gov/phs/hiv/adap.htm

What medications are available through ADAP?

See the 'Formulary' table (in this section below) for the list of the many drugs available through ADAP. New medications are occasionally added to the list. If you do not see one of your medications on this list, it may still be available through ADAP.

What is Medicare Part D (Medicare Rx)?

On January 1, 2006, Medicare began offering a new prescription drug benefit called Medicare Part D (Medicare Rx). All Medicare beneficiaries are eligible for this drug coverage program. This program offers comprehensive drug coverage for HIV medications in addition to other medications you may be taking.

adap and medicare

What if I get help from AHCCCS with my Medicare Part B premiums?

If you currently get help with your Medicare Part B premiums, you also qualify for extra help with the Medicare Part D program. This means that you will not pay premiums, deductibles or co-insurance associated with Part D. You will be responsible for a small co-pay of up to \$5.35 per prescription. You may select an enhanced Medicare drug plan, but if you do, you may be responsible for additional costs. You are already deemed eligible for the extra help. If you are unsure if you qualify for the extra help, please call Medicare at **(800) 633-4227**. You should be enrolled in a prescription drug plan.

What if I do not get help from AHCCCS with my Medicare Part B premiums and my monthly income is \$1,103 or less?

If you currently are not getting help from AHCCCS with your Medicare Part B premiums and your monthly income is \$1,103 or less, you may be eligible for extra help through Social Security Administration (SSA). This means that you will not pay premiums, deductibles or co-insurance associated with Part D. You will be responsible for a small co-pay of up to \$5.35 per prescription. You may select an enhanced Medicare drug plan, but if you do, you may be responsible for additional costs. If you have not received any information about extra help yet, please call SSA at **(800) 772-1213**, visit SSA on the internet at **www.socialsecurity.gov** or complete an application as soon as possible. If you qualify for the extra help, you will no longer receive medications through ADAP. You will receive them through your Medicare Part D plan.

adap and medicare

What if I do not get help with my Medicare Part B premiums, my monthly income is greater than \$1,103 and I am an ADAP client?

If you are currently receiving assistance from the Arizona ADAP, you will be required to enroll in a Medicare Part D plan and provide proof to ADAP that you have done so. You also will be required to apply for extra help through SSA and give a copy of the SSA determination letter regarding the extra help to ADAP. Once ADAP has proof (copy of your Medicare card indicating you are enrolled in Medicare Part D and a copy of the SSA extra help determination letter), ADAP will assist you by continuing to provide your ADAP medications.

Is Medicare Part D mandatory?

No. However, all Arizona ADAP clients who do not get help with Medicare Part B premiums and have a monthly income greater than \$1,103 will be required to enroll in Medicare Part D to continue receiving their ADAP medications.

Keeping up with all the changes in Medicare can leave you with questions. Who can I turn to for further information?

Contact your case manager, or the agencies listed below:

www.socialsecurity.gov (800) 772-1213
Medicare www.medicare.gov (800) 633-4227
HIV/AIDS Law Project (800) 852-9075 x2640
Arizona State Health Insurance Program (SHIP) (800) 432-4040

What if I need more information?

If you have questions or would like additional information about the program, please call (602) 364-3610 or (800) 334-1540 (within Arizona only).

adap and medicare

AIDS Drug Assistance Program (ADAP) Formulary (Office of HIV/AIDS)

NUCLEOSIDE/NUCLEOTIDE REVERSE TRANSCRIPTASE INHIBITORS

MEDICATION	STRENGTH/PACKAGE SIZE
ABACAVIR (ZIAGEN)	300 MG TABLETS
ABACAVIR (ZIAGEN)	ORAL SOLUTION (20mg/mL)
ATRIPLA (EFAVIRENZ/EMTRICITABINE/ TENOFIVIR DISOPROXIL FUMARATE)	600 MG/200 MG/300 MG TABLETS
COMBIVIR (LAMIVUDINE/ZIDOVUDINE)	150 MG/300 MG TABLETS
DIDANOSINE EC (VIDEX, ddl)	200 MG, 250 MG, 400 MG CAPSULES
EMTRICITABINE (EMTRIVA)	200 MG CAPSULES
EPZICOM (LAMIVUDINE/ABACAVIR)	300 MG/600 MG TABLETS
LAMIVUDINE (EPIVIR, 3TC)	150 MG, 300 MG TABLETS
LAMIVUDINE (EPIVIR, 3TC)	ORAL SOLUTION (10mg/mL)
STAVUDINE (ZERIT, d4T)	40 MG, 30 MG, 20 MG, 15 MG CAPSULES
STAVUDINE (ZERIT, d4T)	POWDER FOR ORAL SOLUTION (1mg/mL)
TENOFOVIR (VIREAD)	300 MG TABLETS
TRIZIVIR (ABACAVIR/LAMIVUDINE/ ZIDOVUDINE)	300 MG/150 MG/300 MG
TRUVADA (TENOFIVIR/EMTRICITABINE)	300 MG/200 MG TABLETS
ZALCITABINE (HIVID, ddC)	0.750 MG TABLETS
ZIDOVUDINE (RETROVIR, AZT)	100 MG CAPSULES, 300 MG TABLETS
ZIDOVUDINE (RETROVIR, AZT)	SYRUP (10mg/mL)

adap and medicare

PROTEASE INHIBITORS

MEDICATION	STRENGTH/PACKAGE SIZE
ATAZANAVIR (REYATAZ)	100 MG, 150 MG, 200 MG CAPSULES AND 300 MG CAPLET
DARUNAVIR (PREZISTA)	300 MG TABLETS
FOSAMPRENAVIR CALCIUM (LEXIVA)	700 MG TABLETS
INDINAVIR (CRIVIAN)	400 MG , 200 MG CAPSULES
LOPINAVIR/RITONAVIR (KALETRA)	200 MG/50 MG TABLETS
LOPINAVIR/RITONAVIR (KALETRA)	ORAL SOLUTION (80mg/20mg per mL)
NELFINAVIR (VIRACEPT)	250 MG, 625 MG TABLETS
NELFINAVIR (VIRACEPT)	PEDIATRIC POWDER (50 mg/g)
RITONAVIR (NORVIR)	100 MG CAPSULES
RITONAVIR (NORVIR)	ORAL SOLUTION (80mg/mL)
SAQUINAVIR (INVIRASE)	200 MG CAPSULES, 500 MG TABLETS
**TIPRANAVIR (APTIVUS)	250 MG CAPSULES

adap and medicare

NON-NUCLEOSIDE REVERSE TRANSCRIPTASE INHIBITORS

MEDICATION	STRENGTH/PACKAGE SIZE
DELAVIRDINE (RESCRIPTOR)	200 MG TABLETS
EFAVIRENZ (SUSTIVA)	600 MG TABLETS, 200 MG CAPSULES
NEVIRAPINE (VIRAMUNE)	200 MG TABLETS
NEVIRAPINE (VIRAMUNE)	ORAL SUSPENSION (50mg/5mL)

HIV ENTRY/FUSION INHIBITORS

MEDICATION	STRENGTH/PACKAGE SIZE
*ENFUVIRTIDE (FUZEON)	90 MG/mL VIALS

ALLERGY/COUGH/COLD

MEDICATION	STRENGTH/PACKAGE SIZE
DIPHENHYDRAMINE	50 MG
FLUTICASONE	
HYDROXYZINE	25 MG, 50 MG
LORATIDINE	10 MG
PROMETHAZINE/CODEINE	6.25 MG/10 MG/mL
PSEUDOEPHEDRINE	30 MG

adap and medicare

ANALGESICS

MEDICATION	STRENGTH/PACKAGE SIZE
ACETAMINOPHEN/CODEINE	30/300 MG
ACETAMINOPHEN/HYDROCODONE	5/500 MG, 7.5/500 MG
ACETAMINOPHEN/OXYCODONE	5/325 MG
CHLORALPHENAZONE/ISOMETHEPTENE/ ACETAMINOPHEN (FOR MIGRAINE)	00/65/325 MG
IBUPROFEN	800 MG
METHADONE (FOR PAIN, NOT ADDICTION RX)	10MG
MORPHINE SULFATE IMMEDIATE RELEASE	15MG, 30 MG
MORPHINE SULFATE SUSTAINED RELEASE	30 MG, 60 MG, 100 MG
NAPROXEN	500 MG
OXYCODONE IMMEDIATE RELEASE	5 MG, 15 MG

*Prior authorization procedure

**Use guidelines

***On February 18, 2005, the National Alliance of State and Territorial AIDS Directors (NASTAD) announced that AIDS Drug Assistance Program (ADAP) clients now have access to the first national program to provide free medicine for the treatment of chronic hepatitis C. This Schering-Plough initiative, known as the Commitment to Community Program, will provide a full course of combination therapy. Out of the 1,500 national free slots, Arizona has been allocated 14 treatment slots. Enrollment for this program is open until December 31, 2006. After the 14 patients have been enrolled, the Arizona ADAP will provide HCV treatment for an additional 11 patients.

(Alternate doses and dose forms will be available upon provider's preference.)

adap and medicare

ANTIBACTERIALS

MEDICATION	STRENGTH/PACKAGE SIZE
AMOXICILLIN	500 MG
AMOXICILLIN/CLAVULANATE	500/125 MG, 875/125 MG
AZITHROMYCIN (ZITHROMAX)	600 MG, 250 MG TABLETS
CEFPODOXIME	100 MG, 200 MG
CEPHALEXIN	250 MG, 500 MG
CIPROFLOXACIN	250 MG, 500 MG, 750 MG
DICLOXACILLIN	250 MG, 500 MG
DOXYCYCLINE	100 MG
METRONIDAZOLE	250 MG, 500 MG
MOXIFLOXACIN	400 MG
PENICILLIN VK	500 MG

ANTI-ACID

MEDICATION	STRENGTH/PACKAGE SIZE
OMEPRAZOLE (PRILOSEC)	10 MG, 20 MG CAPSULES
RANITIDINE	150 MG, 300 MG TABLETS

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ANTICOAGULANTS

MEDICATION	STRENGTH/PACKAGE SIZE
WARFARIN	ALL STRENGTHS

ANTIDIARRHEALS

MEDICATION	STRENGTH/PACKAGE SIZE
DIPHENOXYLATE/ATROPINE	2.5 MG TABLETS
LOPERAMIDE	2 MG CAPSULES

ANTIEMETICS

MEDICATION	STRENGTH/PACKAGE SIZE
METOCLOPRAMIDE	5 MG, 10 MG TABLETS
PROCHLORPERAZINE	5 MG, 10 MG TABLETS
PROMETHAZINE	25 MG, 50 MG TABLETS

ANTIFUNGALS

MEDICATION	STRENGTH/PACKAGE SIZE
CLOTRIMAZOLE ORAL TROCHES	10MG
FLUCONAZOLE	200 MG, 100MG TABLETS
**ITRACONAZOLE (SPORANOX)	100 MG CAPSULES
**ITRACONAZOLE (SPORANOX)	ORAL SOLUTION (10mg/mL)
MICONAZOLE VAGINAL	2%
NYSTATIN SUSPENSION	100,000 UNITS/mL

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ANTIMYCOBACTERIALS

MEDICATION	STRENGTH/PACKAGE SIZE
ISONIAZID (INH)	300 MG
PYRIDOXINE (TO BE GIVEN WITH INH)	50 MG
PYRAZINAMIDE	500 MG
RIFAMPIN	150 MG

CYTOMEGALOVIRUS PROPHYLAXIS

MEDICATION	STRENGTH/PACKAGE SIZE
*VALGANCICLOVIR (VALCYTE)	450 MG TABLETS

ELECTROLYTES/NUTRITION

MEDICATION	STRENGTH/PACKAGE SIZE
FERROUS SULFATE	325 MG
FOLIC ACID	1 MG
MULTIVITAMIN WITH 1 MG FOLATE	
MAGNESIUM OXIDE	400 MG
POTASSIUM CHLORIDE	10MEQ, 20 MEQ (LIQUID AND SUSTAINED RELEASE)

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GASTROINTESTINAL

MEDICATION	STRENGTH/PACKAGE SIZE
DICYCLOMINE	10 MG, 20 MG
OPIUM TINCTURE	10%
PANCRELIPASE (ULTRASE MT)	12,000 UNITS, 20,000 UNITS

HEPATITIS C TREATMENT ADVERSE SIDE EFFECTS

MEDICATION	STRENGTH/PACKAGE SIZE
**EPOETIN ALFA (PROCRIT)	40,000 UNITS/mL - SINGLE DOSE VIAL (4 X 1 mL VIAL)
**FILGRASTIM (NEUPOGEN)	300MCG/0.5 mL SYRINGE (10 X 0.5 mL SYRINGE)

HEPATITIS C TREATMENT ***

MEDICATION	STRENGTH/PACKAGE SIZE
*PEGINTERFERON ALFA 2B (PEG-INTRON)	50MCG/0.5mL, 80MCG/0.5mL, 120MCG/0.5mL, 150MCG/0.5mL
*RIBAVIRIN	200 MG CAPSULES - BOTTLES OF 42, 56, 70 OR 84

HERPES TREATMENT

MEDICATION	STRENGTH/PACKAGE SIZE
ACYCLOVIR	200 MG CAPSULES, 400 MG, 800 MG TABLETS

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HORMONAL/METABOLIC AGENTS

MEDICATION	STRENGTH/PACKAGE SIZE
ESTRADIOL	0.5 MG, 1.0 MG TABLETS
ESTROGEN CONJUGATED (PREMARIN)	0.3 MG, 0.625 MG TABLETS
EZETIMIBE	10 MG
INSULINS	REGULAR, LISPRO, 70/30, GLARGINE, NPH
LEVOTHYROXINE - LEVOXYL AND SYN-THROID (DO NOT SUBSTITUTE)	ALL STRENGTHS
MEDROXYPROGESTERONE	5 MG, 10 MG TABLETS
MEGESTROL (MEGACE) ES	ORAL SOLUTION (625mg/5mL)
NANDROLONE DECANOATE	100 mg/mL - 10 x 2 mL VIAL
NIACIN SUSTAINED RELEASE (NIASPAN OR EQUIVALENT)	500 MG, 1 G
PREDNISONE	5 MG, 10 MG, 20 MG
TESTOSTERONE ENANTHATE	200 mg/mL - 5 mL VIAL
TESTOSTERONE GEL (ANDROGEL)	1% - 30 X 5 GM PACKETS
TESTOSTERONE GEL (TESTIM)	1% - 30 X 5 GM TUBES

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HUMAN PAPILLOMAVIRUS

MEDICATION	STRENGTH/PACKAGE SIZE
IMIQUIMOD CREAM (ALDARA)	5% - 12 X .25 GM PACKETS
PODOFILOX SOLUTION (CONDYLOX)	5% - 3.5 mL BOTTLE

HYPERTENSION

MEDICATION	STRENGTH/PACKAGE SIZE
AMLODIPINE	2.5 MG, 5 MG, 10 MG
ATENOLOL	50 MG, 100 MG
BENAZEPRIL	10 MG, 20 MG
DILTIAZEM SUSTAINED RELEASE	120 MG, 180 MG, 240 MG
DOXAZOSIN	1 MG, 2 MG, 4 MG
ENALAPRIL	5 MG, 10 MG
FUROSEMIDE	20 MG, 40 MG
HCTZ	25 MG, 50 MG
HCTZ/TRIAMTERENE	37.5 MG, 75MG
LISINOPRIL	10 MG, 20 MG, 40 MG
LOSARTAN	25 MG, 50 MG, 100 MG
METOPROLOL	50 MG, 100 MG
SPIRONOLACTONE	50 MG, 100 MG

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INFLUENZA ANTIVIRALS

MEDICATION	STRENGTH/PACKAGE SIZE
OSELTAMIVIR PHOSPHATE (TAMIFLU)	75 MG CAPSULES - 10 PER BLISTER PACK

MAC PROPHYLAXIS

MEDICATION	STRENGTH/PACKAGE SIZE
AZITHROMYCIN (ZITHROMAX)	600 MG, 250 MG TABLETS
CLARITHROMYCIN (BIAXIN)	500 MG, 250 MG TABLETS
ETHAMBUTOL (MYAMBUTOL)	100 MG, 400 MG TABLETS
RIFABUTIN (MYCOBUTIN)	150 MG CAPSULES

METABOLIC SYNDROME AGENTS

MEDICATION	STRENGTH/PACKAGE SIZE
ATORVASTATIN (LIPITOR)	10 MG, 20 MG, 40 MG, 80 MG TABLETS
GEMFIBROZIL	600 MG TABLETS
GLIPIZIDE	5 MG, 10 MG TABLETS
GLYBURIDE	2.5 MG, 5 MG TABLETS
METFORMIN	500 MG, 850 MG TABLETS
PRAVASTATIN (PRAVACHOL)	10 MG, 20 MG, 40 MG, 80 MG TABLETS
ROSIGLITAZONE (AVANDIA)	2 MG, 4 MG, 8 MG TABLETS

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MUSCLE RELAXANTS

MEDICATION	STRENGTH/PACKAGE SIZE
CYCLOBENZAPRINE	10 MG

PERIPHERAL NEUROPATHY

MEDICATION	STRENGTH/PACKAGE SIZE
CARBAMAZEPINE	100 MG CHEWABLE, 200 MG TABLETS
DESIPRAMINE	25 MG, 50 MG, 75 MG, 100 MG TABLETS
GABAPENTIN (NEURONTIN)	100 MG, 300 MG, 400 MG CAPSULES
NORTRIPTYLINE	10 MG, 25 MG, 50 MG, 75 MG CAPSULES

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PNEUMOCYSTIS/TOXOPLASMOSIS PROPHYLAXIS

MEDICATION	STRENGTH/PACKAGE SIZE
**ATOVAQUONE (MEPRON)	ORAL SUSPENSION (750mg/5mL)
**ATOVAQUONE (MEPRON)	ORAL SUSPENSION (750mg/5mL) - 5 mL x 42 FOIL POUCHES
CLINDAMYCIN	150 MG CAPSULES
DAPSONE	100 MG, 25 MG TABLETS
LEUCOVORIN	25 MG TABLETS
PENTAMIDINE ISETHIONATE (NEBUPENT)	300 MG LYOPHILIZED VIAL
PYRIMETHAMINE (DARAPRIM)	25 MG TABLETS
SULFADIAZINE	500 MG TABLETS
SULFAMETHOXAZOLE/ TRIMETHOPRIM (SMZ/TMP)	DOUBLE STRENGTH TABLETS
TRIMETHOPRIM	100 MG TABLETS

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PSYCHOTROPICS/NEUROLOGIC

ANTIANXIETY/HYPNOTICS

MEDICATION	STRENGTH/PACKAGE SIZE
DIAZEPAM	5 MG, 10 MG
LORAZEPAM	0.5 MG, 1 MG
TEMAZEPAM	15 MG, 30 MG
ZOLPIDEM	5 MG, 10 MG

ANTICONVULSANTS

MEDICATION	STRENGTH/PACKAGE SIZE
CLONAZEPAM	1 MG, 2 MG
DIVALPROEX (VALPROIC ACID)	250 MG, 500 MG
PHENYTOIN	100 MG

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PSYCHOTROPICS/NEUROLOGIC

ANTIDEPRESSANTS

MEDICATION	STRENGTH/PACKAGE SIZE
AMITRIPTYLINE	25 MG
BUPROPION SR (WELLBUTRIN)	100 MG, 150 MG, 200 MG TABLETS
CITALOPRAM (CELEXA)	10 MG, 20 MG, 40 MG TABLETS
DESIPRAMINE	25 MG, 50 MG, 75 MG, 100 MG TABLETS
ESCITALOPRAM (LEXAPRO)	5 MG, 10 MG, 20 MG TABLETS
FLUOXETINE	20 MG, 40 MG
MIRTAZAPINE	15 MG, 30 MG
NORTRIPTYLINE	10 MG, 25 MG, 50 MG, 75 MG CAPSULES
PAROXETINE	10 MG, 20 MG, 30 MG, 40 MG
SERTRALINE (ZOLOFT)	25 MG, 50 MG, 100 MG TABLETS
TRAZODONE	50 MG, 100 MG, 150 MG
VENLAFAXINE XR	75 MG, 150 MG

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PSYCHOTROPICS/NEUROLOGIC

ANTIPSYCHOTICS

MEDICATION	STRENGTH/PACKAGE SIZE
ARIPIPRAZOLE	10 MG, 15 MG, 20 MG
OLANZAPINE	5 MG, 7.5 MG, 10 MG, 15 MG
RISPERIDONE	0.5 MG, 1 MG, 2 MG

MOOD STABILIZERS

MEDICATION	STRENGTH/PACKAGE SIZE
LITHIUM CARBONATE	150 MG, 300 MG

STIMULANTS

MEDICATION	STRENGTH/PACKAGE SIZE
METHYLPHENIDATE	10 MG, 20 MG

PULMONARY

MEDICATION	STRENGTH/PACKAGE SIZE
ALBUTEROL METERED-DOSE INHALER (MDI)	17 G
FLUNISOLIDE MDI	7 G
IPRATROPIUM HFA	12.9 G

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TOPICALS

MEDICATION	STRENGTH/PACKAGE SIZE
FLUOCINONIDE CREAM/OINTMENT	0.05%
HYDROCORTISONE CREAM/OINTMENT	2.50%
KETOCONAZOLE CREAM, SHAMPOO	2%
MUPIROCIIN OINTMENT	2%
SELENIUM SULFIDE	2.50%
TRIAMCINOLONE CREAM/OINTMENT	0.025%, 0.1%, 0.5%

VACCINES

MEDICATION	STRENGTH/PACKAGE SIZE
ENGERIX-B (Hepatitis B - Adult)	20 mcg hepatitis B surface antigen/mL - SYRINGE/SDV
ENGERIX-B (Hep B - Pediatric/Adolescent)	10 mcg hepatitis B surface antigen/0.5 mL - SYRINGE/SDV
HAVRIX (Hepatitis A - Adult)	1440 EL units hepatitis A viral antigen/mL - SYRINGE/SDV
HAVRIX (Hep A - Pediatric/Adolescent)	720 EL units hepatitis A viral antigen/0.5 mL - SDV
PNEUMOVAX 23 (Pneumococcal)	25 mcg of 23 polysaccharide isolates/0.5 mL - SDV/MDV
TWINRIX (Hep B/Hep A)	20 mcg hepatitis B surface antigen/720 EL units hepatitis A viral antigen/mL - SYRINGE/SDV

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